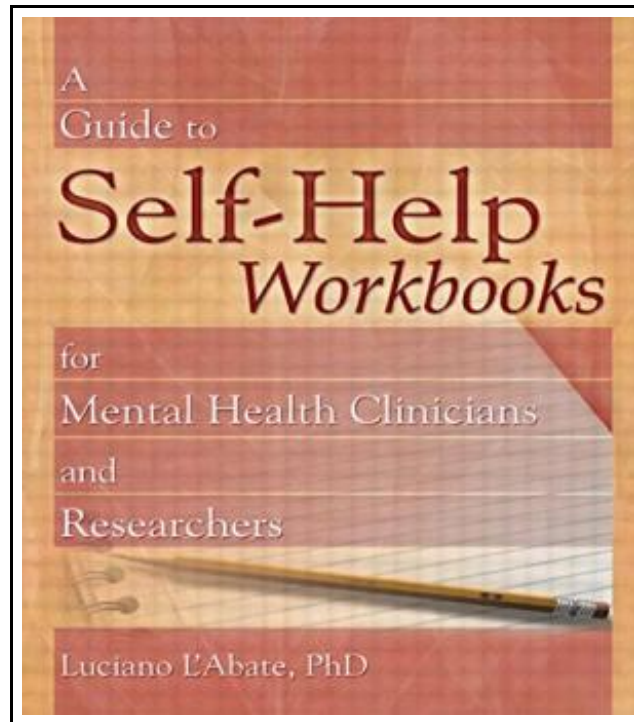


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A GUIDE TO SELF-HELP WORKBOOKS FOR MENTAL HEALTH CLINICIANS AND RESEARCHERS



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