



180 Delicious Vegetarian Potato Recipes: Delicious Meat-free Recipes Featuring the World's Best-loved Vegetable, in Over 200 Photographs

By Elizabeth Young

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, 180 Delicious Vegetarian Potato Recipes: Delicious Meat-free Recipes Featuring the World's Best-loved Vegetable, in Over 200 Photographs, Elizabeth Young, This title offers delicious meat-free recipes featuring the world's best-loved vegetable, in over 200 photographs. This is a superb volume of 180 classic and creative meat-free potato recipes for every occasion, in one indispensable collection. It includes delicious recipes for potato soups; appetizers; salads; main courses; side dishes; and, desserts, bakes and breads. The fabulous collection includes Spicy Potato and Red Lentil Soup; Potato Skewers with Mustard Dip; Courgette and Potato Bake; Wild Mushroom Gratin with Beaufort Cheese, New Potatoes and Walnuts; Potatoes, Peppers and Shallots Roasted with Rosemary; and, Sweet Potato Pie. At-a-glance nutritional notes accompany every recipe, providing a breakdown of fat, calories, fibre, cholesterol, sugar and protein. The humble potato is one of the world's best-loved vegetables and a mainstay of the vegetarian diet. This book celebrates the many and varied ways that the potato can be used to create delicious meat-free meals. Featured are true vegetarian classics, such as Creamy Leek, Potato and Rocket Soup; Deli Potato Salad with Mayonnaise and Olives and Potato Gnocchi with Tomato and Butter...



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Reviews

It is in a single of my favorite pdf. Yes, it is engage in, still an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Dr. Keeley Windler

This publication can be really worth a go through, and superior to other. It is amongst the most amazing publication we have go through. You wont feel monotony at anytime of your own time (that's what catalogues are for about when you request me).

-- Ms. Elda Schaden MD